



Ready 2 Serve Ministries

21-Day Consecration, Prayer & Fasting Outline

February 1–21, 2026

Daily Prayer Times

- **6:00 a.m. OR 6:00 p.m.** (participants may choose based on their schedule)
- Consistency is encouraged, but grace is given

Before Beginning (Important Guidance)

- **Husbands and wives are encouraged to discuss the fast together**
 - Agree on the type of fast
 - Pray together for unity and wisdom
 - *Scripture: Amos 3:3* – “Can two walk together unless they are agreed?”
- **Health & Medical Guidance**
 - Anyone **taking medication**, managing a medical condition, pregnant, or nursing **must consult a physician** before fasting
 - Alternative fasts (partial fast, Daniel fast, media fast) are acceptable
 - *Scripture: 1 Corinthians 6:19–20* – honoring God with your body

Daily Prayer Structure (Used Every Day)

1. **Prayer for Strength** (*Attachment*)
 - *Key Scriptures:*
 - **Isaiah 40:29–31**
 - **Nehemiah 8:10**
 - **2 Corinthians 12:9**
 2. **Prayer for Family & Community**
 - **Salvation** – *Acts 16:31; Romans 10:9–10*
 - **Health & Healing** – *Jeremiah 30:17; Isaiah 53:5*
 - **Deliverance** – *Colossians 1:13–14; Psalm 34:17*
 - **Increase (Spiritual & Provision)** – *Deuteronomy 8:18; Philippians 4:19*
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Weekly Focus Breakdown

Week 1: Consecration & Strength

February 1–7

Theme: Setting ourselves apart unto God

- *Key Scriptures:*
 - **Joel 2:12–16**
 - **Romans 12:1–2**
 - **Psalms 51:10**

Prayer Emphasis:

- Repentance and renewal
- Spiritual endurance
- Sensitivity to God's voice

Week 2: Family & Community Salvation

February 8–14

Theme: Households and communities coming to Christ

- *Key Scriptures:*
 - **Joshua 24:15**
 - **Acts 16:31**
 - **Isaiah 60:1–3**

Prayer Emphasis:

- Unsaved family members
- Youth and elders
- Neighborhoods, schools, and community leaders

Week 3: Deliverance, Healing & Increase

February 15–21

Theme: Freedom and positioning for God's provision

- *Key Scriptures:*
 - **Luke 4:18**
 - **3 John 1:2**
 - **Malachi 3:10**

Prayer Emphasis:

- Deliverance from strongholds
- Physical, emotional, and spiritual healing
- Increase in wisdom, resources, and kingdom impact

Closing Day – February 21, 2026

Scriptures for Completion:

- **Daniel 10:2–3, 12–13**
- **Galatians 6:9**
- **Psalms 126:5–6**

Focus:

- Thanksgiving
- Testimonies
- Sealing the work through praise and worship

Prayer for Strength, Wisdom, and Fullness in Christ

Heavenly Father,

According to the riches of Your glory, I ask that You strengthen me, my family, and our church with might by Your Spirit in our inner being. Let our hearts be steadfast and our faith unshakable, so that Christ may dwell richly within us. Root us and ground us deeply in Your love—so deeply that every thought, action, and desire flows from Your heart within us.

Lord, open the eyes of our understanding. Enlighten us by Your Spirit so that we may clearly see the hope of Your calling and the glorious inheritance we share among the saints. Fill our hearts with the spirit of wisdom and revelation in the knowledge of You. Let our knowing not be shallow but intimate—where Your voice becomes our guidance and Your truth becomes our stability.

Father, reveal to us the exceeding greatness of Your power that is working in us who believe—the same power that raised Christ Jesus from the dead and set Him at Your right hand in heavenly places. Help us to walk in that authority, knowing that Jesus reigns far above all principality, power, might, and dominion, and every name that is named—both in this age and in the one to come.

We declare that all things are under His feet and that Christ is the head over all things to the church, which is His body—the fullness of Him who fills all in all. Let that fullness flow through us, renewing minds, healing hearts, and transforming lives in our family and our congregation.

Grant that we may comprehend, with all Your saints, the vastness of Your love—the breadth, length, depth, and height of it. Help us to know the love of Christ that surpasses knowledge so that we may be filled with all the fullness of God.

Now unto You, O Lord, who are able to do exceedingly, abundantly above all that we can ask or think, according to the power that works within us—unto You be glory in our lives, in our families, and in our church by Christ Jesus throughout all generations, forever and ever.

Amen.